

FOOD FESTIVAL

By Aspens

WEEK ONE

MONDAY Family Faves

Option 1

Minced Beef & Onion Pie
Mash & Carrots

Option 2

Veggie Bangers & Mash
Carrots

Packed Lunch

Jacket Potatoes

The Finale

Peach Cobbler & Custard

TUESDAY Authentic Italian

Beef Bolognese
Garlic Bread

Sweet Potato & Chickpea Balti
Wholegrain Rice

Lemon Drizzle Cake

WEDNESDAY Baking British

Roast Chicken & Stuffing
Roasties and Fresh Vegetables
Gravy

Cheese & Tomato Quiche
Roasties and Fresh Vegetables

Chocolate Brownie

THURSDAY Food Festival

Chicken Tikka Masala
Wholegrain Rice
Spiced Roast Cauliflower

Quorn Dipper
Wholegrain Rice
Spiced Roast Cauliflower

Apple & Cinnamon Strudel with Custard

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Wedges and Peas

Cheesy Bean Wrap
Wedges and Peas

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

w/c 03/01, 24/01, 14/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

Cheese
Crackers
&
Crackers

FOOD FESTIVAL

By Aspens

WEEK
TWO

MONDAY Family Faves

Cottage Pie
Carrots

Option 1

TUESDAY Authentic Italian

**Chicken &
Sweetcorn Pasta
Bake**
Whole Grain Penne
Garlic Slice
Green Salad

WEDNESDAY Baking British

Roast Gammon
Roasties and
Fresh Vegetables
Gravy

THURSDAY Food Festival

Hot Dog
Baked Paprika
Wedges
BBQ Beans

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Wedges and
Mushy Peas

Option 2

Quorn Dog
Baked Paprika
Wedges
BBQ Beans

**Cheese & Onion
Puff Pastry Slice**
Green Salad
Peas

Veggie Bolognese
Whole Grain Penne
Garlic Slice
Green Salad

**Baked Bean &
Veggie Sausage
Cowboy Pie**
Carrots

Quorn Dipper Pitta
Wedges and
Mushy Peas

Packed
Lunch

Jacket
Potatoes

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Tasty Toppings

The Finale

**Rhubarb Crumble
& Custard**

**Marble Cake &
Custard**

Cornflake Tart

Jelly & Fruit

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

w/c 10/01, 31/01

FOOD FESTIVAL

By Aspens

WEEK THREE

MONDAY Family Faves

Option 1
Bangers & Mash
Green Beans
Gravy

Option 2
Mixed Bean Fajita
Green Beans
Wedges

Packed Lunch

Jacket Potatoes

The Finale

TUESDAY Authentic Italian

Beef Lasagne
Garlic Slice
Sweetcorn

Vegan Sausage Roll
Mash and Baked Beans

Sticky Toffee Pudding & Custard

WEDNESDAY Backing British

Roast Chicken & Stuffing
Roasties and Fresh Vegetables
Gravy

Quorn Roast
Roasties and Fresh Vegetables
Gravy

Chocolate Orange Rice Pudding

THURSDAY Food Festival

BBQ Chicken
Wholegrain Rice
Broccoli

Veggie Lasagne
Garlic Slice
Broccoli

Apple Crumble with Custard

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Wedges and Baked Beans

Crunchy Topped Macaroni Cheese
Salad

Ginger Cookie

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Tasty Toppings

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

Autumn / Winter 2021

w/c 17/01, 07/02